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· 病例报告 ·

颈椎间盘突出致脊髓半切综合征 1 例

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关键词 颈椎; 椎间盘移位; 脊髓损伤

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Diagnosis and treatment for Brown-Sequard Syndrome caused by cervical intervertebral disk herniation; a case report SHEN Guo-qing, ZHANG Hao, TAN Ying-dong, LI Zheng-wen, ZHAO Qi, MA Jun. Department of Orthopaedics, the People's Hospital of Jiuquan, Jiuquan 735000, Gansu, China

KEYWORDS Cervical vertebrae; Intervertebral disk displacement; Spinal cord injuries

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患者,男,58岁,因左侧肢体无力,右侧肢体麻木1个月入院。病史:患者于入院前1个月无明显诱因出现左侧肢体无力,轻微麻木症状,并出现右侧肢体感觉麻木,较左侧严重。之后感觉左侧肢体无力加重,行走时身体不自主向左侧偏移,并有左足踩棉花的感觉,无大小便异常。既往体健,无外伤史。体格检查:颈后部棘突压痛,无放射痛。四肢肌张力正常,无明显肌肉萎缩,平乳头平面以下右侧肢体痛、温觉明显减退,左上肢肌力4级,左下肢肌力3级,右侧肢体肌力5级。四肢生理反射活跃,双侧压颈试验及上肢牵拉试验阳性,左侧霍夫曼征阳性,左侧巴彬斯基征阳性。颈椎CT扫描提示C₄椎体后缘骨质增生并局部钙化(见图1a);MRI显示C_{3,4}、C_{4,5}、C_{5,6}椎间

盘突出,C_{3,4}、C_{4,5}为重并脊髓左侧半受压(见图1b-1c),T₂加权显示C_{4,5}水平脊髓内信号改变。MRI及CT发现颈椎椎管狭窄。行术前准备,入院后第3天行颈前路C_{4,5}椎体次全切除减压植骨融合内固定术(见图1d)。术后3d左上肢疼痛消失,左侧肢体肌力明显改善,右侧肢体痛温觉恢复。随访3个月,植骨融合,疗效良好。

讨论

脊髓半切综合征由Brown-Sequard于1849年首次提出^[1],其病因报道多为脊髓外伤和椎管内髓外肿瘤等^[2-3]。颈椎间盘突出压迫脊髓导致脊髓半切综合征报道较少,检索见国内郝定均等^[4]于2007年报道3例,2009年杨海松等^[1]报道2例,王松等^[5]报道4例。杨海松等^[1]和王松等^[5]指出,至2009年英文检索仅有26例。

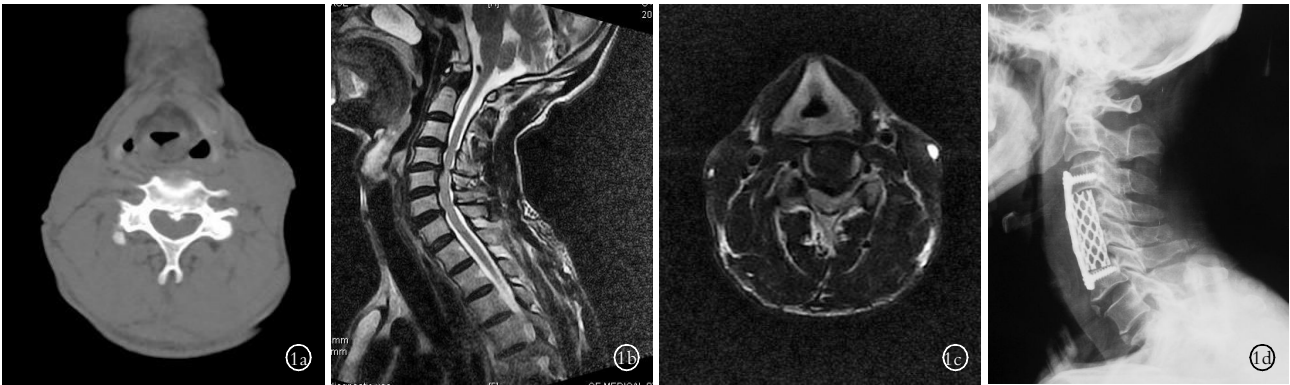


图 1 男性患者,58 岁,颈椎间盘突出致脊髓半切综合征 1a.C₄ 椎体后缘骨质增生并局部钙化 1b.MRI 显示 C_{3,4}、C_{4,5}、C_{5,6} 椎间盘突出 1c.MRI 显示 C_{4,5} 平面脊髓左侧半受压明显 1d.次全切除 C₄、C₅ 并钛网植骨固定后的侧位片

Fig.1 A 58-year-old male patient with Brown-Sequard syndrome caused by cervical intervertebral disk herniation 1a. Hyperosteoecy and local calcification in posterior edge of C₄ vertebral body 1b. MRI showed intervertebral disk herniation at C_{3,4}、C_{4,5}、C_{5,6} 1c. MRI showed spinal cord of C_{4,5} on the left half-plane compression significantly 1d. The lateral X-ray view after operation of sub-total removal of C₄、C₅ with titanium mesh fixation

颈椎间盘突出导致脊髓半切综合征的特点:王松等^[5]提出了颈椎间盘突出导致脊髓半切综合征的临床特点:①患者多为中老年人,多无明确外伤病史,有的患者多在不适当的治疗后引起;②起病多隐匿,常有逐步加重的肢体麻木无力,无典型根性症状,容易被患者及临床医师忽略;③与外伤、硬膜外肿瘤不同,颈椎间盘突出所致脊髓半切综合征多不典型;④病变节段与椎间盘突出节段一致,以 C_{5,6} 最多见,占 65%,其次是 C_{4,5}、C_{6,7},在 C_{3,4} 及 C_{2,3} 节段者也有报道,部分为双节段病变。本例患者从出现症状到就诊只有 1 个月左右的时间,明显短于文献报道的半年时间,考虑患者年龄大,C_{4,5} 椎体后缘有增生的骨质,突出的间盘压迫明显,导致神经症状典型。

颈椎间盘突出导致脊髓半切综合征的术前检查:术前要常规检查 CT,了解后纵韧带有无骨化;MRI 检查因可以明确病变的节段及椎间盘突出的方向,并可以排除椎管内其他占位性病变、血肿及脊髓空洞等;MRI 更清晰的显示椎间盘突出的节段和突出的类型。本例患者 C_{4,5} 突出最明显,C_{3,4} 和 C_{5,6} 也有突出的迹象,MRI 上可以看到脊髓信号有改变,CT 检查提示 C_{4,5} 间隙后缘骨质增生,导致椎管有效容积减少,狭窄颈椎管内的脊髓受压更容易出现临床症状。

颈椎间盘突出导致脊髓半切综合征的治疗:颈椎间盘突出导致脊髓半切综合征的治疗,早期手术减压是一致的观点。手术方式包括后路半椎板或全椎板切除,前路椎间盘切除或椎体次全切除和椎间融合。考虑到脊髓的压迫来自前方,前路手术可以彻底减压,避免了后路间接减压不彻底、骚扰脊髓等缺点。本例术前计划前路 C₅ 椎体次全切除、C_{3,4} 椎间盘切除减压,融合术。术中发现 C_{4,5} 间隙后缘后纵韧带肥厚并和硬脊膜粘连严重,分离困难,即行 C₄、C₅ 椎体次全切除。本例患者术中次全切除两个椎体,神经彻底减压的同时增加了钛网融合失败的风险,并有钛网塌陷、下沉可能。为了防止并发症应采取的措施:①加强颈部外固定:支具固定 12 周;②平卧时给予枕头,防止颈部过伸使内固定钢板牵拉松动而失效。

该患者手术后左侧上、下肢的肌力明显恢复,术后第 3 天右侧肢体的痛、温度觉恢复,明显快于相关报道^[1,4]。可能是:

①患者症状出现到手术时间短,仅为 1 个月;②术中次全切除的 C₄ 和 C₅ 两个椎体,减压彻底;③术中松解了后纵韧带和硬脊膜的粘连,完全切除了致压物;④规范的手术后固定及管理。目前患者已经手术后 3 个月,观察椎体完全融合,双侧下肢感觉运动完全恢复。

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